

High School Lunch Menu

November 2017

Prices:

- ◆ Lunch: \$3.50
- ◆ Milk: \$0.60

MONDAY
11/13 & 11/27

TUESDAY
11/14 & 11/28

WEDNESDAY
11/15 & 11/29

THURSDAY
11/2, 16 & 30

FRIDAY
11/3 & 11/17

DAILY CHOICE

Popcorn Chicken
w/Baked French
Fries

Nacho Supreme
w/Tortilla Chips,
Seasoned Beef,
Cheese, Salsa &
Sour Cream

Mashed Potato
Bowl w/a Muffin

11/2 & 11/30
Bosco Cheese
Filled Bread Sticks
w/Dipping Sauce

Spaghetti and
Meat Balls
w/Garlic Bread

GRILL

Daily Specials

Daily
Specials

Daily Specials

Cheeseburger,
Pizza, Chicken
Patty, Asst.
Sandwiches

Daily Specials

PIZZA

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

11/16
**Thanksgiving
Dinner for Lunch**

Asst. Pizza
or a
Chicken Patty
on a WW Roll

SALADS

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

**Turkey & w/all
the Trimmings
Pumpkin
Pudding**

Chicken Caesar
Salad

DELI

Turkey Sandwich
or Wrap

Buffalo Chicken
Wrap

Chicken Salad
Wrap

All dates
Chicken Caesar
Salad

Tuna or Egg Salad
Sandwich or Wrap

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soy nut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens.

Food Service News

Please note: Our menus are subject to change.

November 1 Grades 6-12 Half Day, Breakfast served, No Lunch

November 10 Veteran's Day, No School

November 22, 23 & 24, Thanksgiving Recess, No School

Please let me know if you have any questions or concerns, and if you have any menu ideas.
Contact Nicky Boehm FSD at nboehm@bhbl.org

DID YOU KNOW?
BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.



BURNT HILLS-BALLSTON LAKE
High School Lunch Menu

November 2017

Prices:

- ◆ Lunch: \$3.50
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MONDAY
11/6 & 11/20

TUESDAY
11/7 & 11/21

WEDNESDAY
11/8

THURSDAY
11/9

FRIDAY
11/10 & 11/24

DAILY CHOICE

Popcorn Chicken
with Baked
French Fries

Mashed Potato
Bowl with a Muffin

General Tso's
Chicken & Rice

Bosco Cheese
Filled Bread Sticks
w/dipping sauce
PF & V

No School

GRILL

Daily Specials

Daily Specials

Daily Specials

Burger or
Cheeseburger
on a
WW Roll

**November 10
Veterans' Day**

PIZZA

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

**November 24
Thanksgiving
Recess**

SALADS

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

DELI

Ham & Cheese
Sandwich or
Wrap

Buffalo Chicken
Wrap

Club w/Turkey and
Bacon

Buffalo Chicken
Wrap

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soy nut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

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Food Service News

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Happy Thanksgiving

Any questions email Nicky Boehm at nboehm@bhbl.org or call 518-399-9141 x85003

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