

BURNT HILLS-BALLSTON LAKE High School Lunch Menu

April 2018

Prices:

- ◆ Lunch: \$3.50
- ◆ Milk: \$0.60

MONDAY
4/9 & 4/23

TUESDAY
4/10 & 4/24

WEDNESDAY
4/11 & 4/25

THURSDAY
4/12 & 4/26

FRIDAY
4/13 & 4/27

DAILY CHOICE

Popcorn Chicken
w/Baked French
Fries

Nacho Supreme
w/Tortilla Chips,
Seasoned Beef,
Cheese, Salsa &
Sour Cream

Mashed Potato
Bowl w/a Muffin

Bosco Cheese
Filled Bread Sticks
w/Dipping Sauce

Spaghetti and
Meat Balls
w/Garlic Bread

GRILL

Daily Specials

Daily
Specials

Daily Specials

Daily Specials

Daily Specials

PIZZA

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

SALADS

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

DELI

Turkey Sandwich
or Wrap

Buffalo Chicken
Wrap

Chicken Salad
Wrap

Buffalo Chicken
Wrap

Tuna or Egg Salad
Sandwich or Wrap

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soynut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens.

Food Service News

Please note: Our menus are subject to change.

April 19, Half Day K-12, No Lunch Served

Please let me know if you have any questions or concerns, and if you have any menu ideas.
Contact Nicky Boehm FSD at nboehm@bhbl.org

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.



BURNT HILLS-BALLSTON LAKE High School Lunch Menu

April 2018

Prices:

- ◆ Lunch: \$3.50
- ◆ Milk: \$0.60

MONDAY
4/16 & 4/30

TUESDAY
4/17

WEDNESDAY
4/18

THURSDAY
4/19

FRIDAY
4/20

DAILY CHOICE

Popcorn Chicken
with Baked
French Fries

Mashed Potato
Bowl with a Muffin

General Tso's
Chicken & Rice

K-12
Half Day

Nacho Supreme
w/Tortilla Chips,
Seasoned Beef,
Cheese, Salsa &
Sour Cream

GRILL

Daily Specials

Daily Specials

Daily Specials

No Lunch
Served

Daily Specials

PIZZA

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

Asst. Pizza
or a
Chicken Patty
on a WW Roll

SALADS

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

DELI

Ham & Cheese
Sandwich or
Wrap

Buffalo Chicken
Wrap

Club w/Turkey and
Bacon

Asst. Sandwiches
& Wraps

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soynut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens.

Food Service News

Please note: Our menus are subject to change.

Any questions email Nicky Boehm at nboehm@bhbl.org or call 518-399-9141 x85003

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.

