



High School Lunch Menu

September 2017

Prices:

- ◆ Lunch: \$3.50
- ◆ Milk: \$0.60



MONDAY
9/18

TUESDAY
9/19

WEDNESDAY
9/20

THURSDAY
9/7

FRIDAY
9/8 & 9/22

DAILY CHOICE

Spaghetti and Meat Sauce w/Garlic Bread

Nacho Supreme w/Tortilla Chips, Seasoned Beef, Cheese, Salsa & Sour Cream

Mashed Potato Bowl w/a Muffin

Popcorn Chicken w/Baked French Fries

Bosco Cheese Filled Bread Sticks w/dipping sauce

GRILL

Daily Special

Daily Special

Daily Special

Daily Special

Daily Special

PIZZA

Asst. Pizza

Asst. Pizza

Asst. Pizza

Asst. Pizza

Asst. Pizza

SALADS

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

DELI

Turkey Sandwich or Wrap

Buffalo Chicken Wrap

Chicken Salad Wrap

Club Sub with Turkey and Bacon

Tuna or Egg Salad Sandwich or Wrap

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soy nut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens.

Food Service News

Please note: Our menus are subject to change.

Welcome Back!

September 6, 9th Grade Orientation

September 7, Classes Begin

Lunch served daily with the exception of September 21, Half Day K-12, no lunch served.

Please let me know if you have any questions or concerns, and if you have any menu ideas. Contact Nicky Boehm FSD at nboehm@bhbl.org

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.





High School Lunch Menu

September 2017

Prices:

- ◆ Lunch: \$3.50
- ◆ Milk: \$0.60



MONDAY
9/11 & 9/25

TUESDAY
9/12 & 9/26

WEDNESDAY
9/13 & 9/27

THURSDAY
9/14 & 9/28

FRIDAY
9/15 & 9/29

DAILY CHOICE

Popcorn Chicken with Baked French Fries

Mashed Potato Bowl with a Muffin

General Tso's Chicken & Rice

Bosco Cheese Filled Bread Sticks w/dipping sauce PF & V

Nacho Supreme w/Tortilla Chips, Seasoned Beef, Cheese, Salsa & Sour Cream

GRILL

Daily Special

Daily Special

Daily Special

Daily Special

Daily Special

PIZZA

Asst. Pizza

Asst. Pizza

Asst. Pizza

Asst. Pizza

Asst. Pizza

SALADS

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

DELI

Ham & Cheese Sandwich or Wrap

Buffalo Chicken Wrap

Club Sub with Turkey and Bacon

Buffalo Chicken Wrap

Tuna or Egg Salad Sandwich or Wrap

Served Daily

- ◆ Create your own salad
- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soy nut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

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Food Service News

Please note: Our menus are subject to change.

The free and reduced breakfast and lunch application form is coming home with students on the first day of school. It is also posted on the BHBL web site.

If you wish to apply, please fill the form in, including your signature and send it into Nicky Boehm FSD at the high school.

All students that were on the breakfast & lunch program last year will roll over into this school year until mid-October giving you time to send your new application in.

Any questions email Nicky Boehm at nboehm@bhbl.org or call 518-399-9141 x85003

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