

# BURNT HILLS - BALLSTON LAKE Middle School Lunch Menu

## June 2017

### Prices:

- ◆ Lunch: \$3.00
- ◆ Milk: \$0.50

**MONDAY**  
**6/12**

**TUESDAY**  
**6/13**

**WEDNESDAY**  
**6/14**

**THURSDAY**  
**6/1 & 6/15**

**FRIDAY**  
**6/2**

DAILY CHOICE

Popcorn Chicken  
w/Baked French  
Fries

Cheese Lasagna  
w/Meatball & Garlic  
Bread

Mashed Potato  
Bowl with a Muffin

Bosco Cheese  
Filled Bread Sticks  
w/Dipping Sauce  
PF & V

Nacho Supreme  
w/Tortilla Chips,  
Seasoned Beef,  
Rice, Corn,  
Cheese, & Salsa

GRILL

Spicy Chicken  
Patty on a WW  
Roll

Asst. Breakfast  
Items

French Bread Pizza

Chicken Patty  
on a  
WW Roll

Cheeseburger or  
Breaded fish on a  
WW Roll

PIZZA

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

SALADS

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

DELI

Turkey Sandwich  
or Wrap

Ham & Cheese  
Sandwich or Wrap

Asst. Sandwiches

Asst. Sandwiches

Tuna or Egg Salad  
Sandwich on WW

### Served Daily

- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soynut butter\* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens, No Peanut Butter or Peanut Oil is used.

### Food Service News

*Please note: Our menus are subject to change.*

**June 15, Last Day Serving Lunch at the Middle School**

Please contact Food Service Director Nicky Boehm at [nboehm@bhbl.org](mailto:nboehm@bhbl.org) with any comments or suggestions

### DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.



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## June 2017

### Prices:

- ◆ Lunch: \$3.00
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**MONDAY**  
6/5

**TUESDAY**  
6/6

**WEDNESDAY**  
6/7

**THURSDAY**  
6/8

**FRIDAY**  
6/9

DAILY CHOICE

Chicken Nuggets  
w/Smiley Fries

Mashed Potato  
Bowl with a Muffin

Pasta and  
Meatballs w/Garlic  
Bread

Nacho Supreme  
w/Tortilla Chips,  
Seasoned Beef,  
Rice, Corn,  
Cheese, & Salsa

Bosco Cheese  
Filled Bread Sticks  
with Dipping Sauce  
PF & V

GRILL

Teriyaki  
Chicken Dippers  
w/Rice

Mac n Cheese  
w/a Hot Dog on a  
WW Roll

McPancake  
Sandwich  
Sausage, Egg and  
Cheese w/Home  
Fries

Cheese  
Quesadilla

Cheeseburger or  
Breaded Fish on a  
WW Roll

PIZZA

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

Asst. Pizza  
or a  
Chicken Patty  
on a  
WW Roll

SALADS

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

Chicken Caesar  
Salad

DELI

Ham and Cheese  
Sandwich or  
Wrap

Turkey Sandwich  
or Wrap

Buffalo Chicken  
Wrap

Turkey Sandwich  
or Wrap

Tuna or  
Egg Salad  
Sandwich or Wrap

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