

BURNT HILLS - BALLSTON LAKE Middle School Lunch Menu

June 2018

Prices:

- ◆ Lunch: \$3.00
- ◆ Milk: \$0.60

MONDAY
6/11

TUESDAY
6/12

WEDNESDAY
6/13

THURSDAY
6/14

FRIDAY
6/1

DAILY CHOICE

Popcorn Chicken & Baked French Fries

Chicken Teriyaki Dippers & Rice

Spaghetti & Meatballs w/Garlic Bread

Bosco Cheese Filled Bread Sticks with Dipping Sauce

Bosco Cheese Filled Bread Sticks with Dipping Sauce

GRILL

Burger or Cheeseburger on a WW Roll

Hot Ham & Cheese on a Croissant

BBQ Pork Rib Patty on a WW Roll

Chicken Patty on a WW Roll

Pancakes w/Sausage

PIZZA

Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll

Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll

Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll

Cheese Pizza

Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll

SALADS

Chicken Caesar Salad

Chicken Caesar Salad

Chicken Caesar Salad

Asst. Veggies & Fruit

Chicken Caesar Salad

DELI

Asst. Sandwiches & Wraps

Asst. Sandwiches & Wraps

Asst. Sandwiches & Wraps

Tuna or Egg Salad Sandwich or Wrap

Served Daily

- ◆ Chicken Caesar salad
- ◆ Soynut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens, No Peanut Butter or Peanut Oil is used.

Food Service News

Please note: Our menus are subject to change.

June 14, last day serving Breakfast & Lunch

June 15 – 21, Half Days, Cafeteria Closed

Any questions email Nicky Boehm at nboehm@bhbl.org or call 518-399-9141 x85003

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.



BURNT HILLS - BALLSTON LAKE Middle School Lunch Menu

June 2018

Prices:

- ◆ Lunch: \$3.00
- ◆ Milk: \$0.60

	MONDAY 6/4	TUESDAY 6/5	WEDNESDAY 6/6	THURSDAY 6/7	FRIDAY 6/8
DAILY CHOICE	Popcorn Chicken & Baked French Fries	Mashed Potato Bowl w/a Muffin	Spaghetti & Meatballs w/Garlic Bread	Nacho Supreme w/Tortilla Chips, Seasoned Beef, Rice, Corn, Cheese & Salsa	Bosco Cheese Filled Bread Sticks with Dipping Sauce
GRILL	Burger or Cheeseburger on a WW Roll	General Tso's Chicken & Rice	BBQ Pork Rib Patty on a WW Roll	Chicken Cordon Blue Balls	Chocolate Chip Pancakes w/Sausage
PIZZA	Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll	Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll	Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll	Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll	Cheese or Pepperoni Pizza or a Chicken Patty on a WW Roll
SALADS	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
DELI	Ham and Cheese Sandwich or Wrap	Chicken Salad Sandwich or Wrap	Buffalo Chicken Wrap	Turkey Sandwich or Wrap	Tuna or Egg Salad Sandwich or Wrap

Served Daily

- ◆ Chicken Caesar salad
- ◆ Soynut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 100% apple juice
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens, No Peanut Butter or Peanut Oil is used.

Food Service News

Please note: Our menus are subject to change.

Wishing you all a safe & happy summer, from the Lovely Ladies of the BHBL Middle School Food Service

Any questions email Nicky Boehm at nboehm@bhbl.org or call 518-399-9141 x85003

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.

