

BURNT HILLS - BALLSTON LAKE Middle School Lunch Menu

May 2017

Prices:

- ◆ Lunch: \$3.00
- ◆ Milk: \$0.50

	MONDAY 5/1 & 5/15	TUESDAY 5/2, 16 & 30	WEDNESDAY 5/3, 17 & 31	THURSDAY 5/4 & 5/18	FRIDAY 5/5 & 5/19
DAILY CHOICE	Spaghetti w/Meatball & Garlic Bread	Popcorn Chicken w/Baked French Fries	Mashed Potato Bowl with a Muffin	Chicken & Broccoli Alfredo w/Garlic Bread	Bosco Cheese Filled Bread Sticks w/Dipping Sauce PF & V
GRILL	Spicy Chicken Patty on a WW Roll	Mixed Italian on a Kaiser Roll	Grilled Cheese w/Chicken Noodle Soup	McPancake Sandwich w/Sausage & Egg Home Fries	Cheeseburger or Breaded fish on a WW Roll
PIZZA	Asst. Pizza or a Chicken Patty on a WW Roll	Asst. Pizza or a Chicken Patty on a WW Roll	Asst. Pizza or a Chicken Patty on a WW Roll	Asst. Pizza or a Chicken Patty on a WW Roll	Asst. Pizza or a Chicken Patty on a WW Roll
SALADS	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
DELI	Turkey Sandwich or Wrap	Ham & Cheese Sandwich or Wrap	Buffalo Chicken Wrap	Chicken Salad Sandwich or Wrap	Tuna or Egg Salad Sandwich on WW

Served Daily

- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soynut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

We do not use any form of Peanuts in our kitchens, No Peanut Butter or Peanut Oil is used.

Food Service News

Please note: Our menus are subject to change.

May 12, Half Day K-12, No Lunch Served

May 29, Memorial Day, No School

Please contact Food Service Director Nicky Boehm at nboehm@bhbl.org with any comments or suggestions

DID YOU KNOW?

BH-BL lunches offer five components – protein, grain, vegetable, fruit and milk.



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May 2017

Prices:

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MONDAY
5/8 & 5/22

TUESDAY
5/9 & 5/23

WEDNESDAY
5/10 & 5/24

THURSDAY
5/11 & 5/25

FRIDAY
5/26

DAILY CHOICE

Chicken Nuggets
w/Smiley Fries

Mashed Potato
Bowl with a Muffin

Pasta and
Meatballs w/Garlic
Bread

Nacho Supreme
w/Tortilla Chips,
Seasoned Beef,
Rice, Corn,
Cheese, & Salsa

Bosco Cheese
Filled Bread Sticks
with Dipping Sauce
PF & V

GRILL

Teriyaki
Chicken Dippers
w/Rice

Mac n Cheese
w/a Hot Dog on a
WW Roll

McPancake
Sandwich
Sausage, Egg and
Cheese w/Home
Fries

Cheese
Quesadilla

Cheeseburger or
Breaded Fish on a
WW Roll

PIZZA

Asst. Pizza
or a
Chicken Patty
on a
WW Roll

Asst. Pizza
or a
Chicken Patty
on a
WW Roll

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or a
Chicken Patty
on a
WW Roll

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or a
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on a
WW Roll

Asst. Pizza
or a
Chicken Patty
on a
WW Roll

SALADS

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

Chicken Caesar
Salad

DELI

Ham and Cheese
Sandwich or
Wrap

Turkey Sandwich
or Wrap

Buffalo Chicken
Wrap

Turkey Sandwich
or Wrap

Tuna or
Egg Salad
Sandwich or Wrap

Served Daily

- ◆ Chicken Caesar salad
- ◆ Homemade soup
- ◆ Soy nut butter* & jelly sandwich
- ◆ Fresh fruits & vegetables
- ◆ 1% white milk
- ◆ Non-fat white milk
- ◆ Non-fat chocolate milk

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